

Why loose-leaf tea

Brewing tea with teabags compromises the tea drinking experience. The quality of leaf differs greatly. In teabags you find broken pieces of tealeaf or even tea dust, which dissolves quickly and gives a bitter taste.

Some teabags don't have good visibility and it is difficult to see exactly what you would be drinking. Good quality loose leaf teas, when brewed correctly, allow the leaves to circulate, yielding maximum flavor.

Tea bags are unnecessary packaging, the paper bag often contains plastic which stops the bags dissolving in hot water, this plastic can leach into your drink.

Loose leaf tea allows you to vary the quantity of tea you use; the strength of tea you prefer may depend on your mood and the time of day; with bags you are restricted to the manufacture's choice.

Loose leaf tea is the choice of tea drinkers who prefer a quality brew. Read the next chapter to discover how to brew loose leaf tea correctly and make a delicious, balanced cup of tea every time.